

Kerry Johnson, DDS

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*Leading-edge  
dentistry with a  
gentle touch.*

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# Kerry Johnson, DDS

*November and December 2008*

## Special points of interest:

- About our office
- Tooth Whitening
- Referral Program/New Patients
- Product Special
- Community Outreach
- Gratitude

## TRIVIA CORNER

The average human produces 25,000 qts. Of saliva (spit) in a lifetime. That is enough saliva to fill 2 swimming pools!

If you don't floss, you miss cleaning 35% of your tooth surfaces.

## A Tribute to Cindy

We would like to pay tribute to a very special lady, Cindy Miller. Sadly, Cindy passed away on October 1st after a recurrence of and brief struggle with cancer. Cindy gave her heart and soul to our patients and her work at this office. She always was waiting with a warm smile and kind words at the front desk. Cindy had the talent of making every patient feel special and truly valued each and every one of us. She would light fragrant candles to make our office feel like

home, she always was playing practical jokes that lightened the atmosphere. Her sense of humor kept us all on our toes and I truly miss her.

Cindy's positivity rubbed off on all with whom she came into contact, including me. I speak for the ladies in the office when I say that we loved and cherished Cindy and feel blessed that she shared her gifts with us so selflessly.

So, this holiday season, heed to Cindy's request and hug your loved ones, strengthen your impor-



tant relationships and know she will be smiling with all of us as we do so.

Warmly, Dr. J

## About our Office

We are blessed to work with some of the best dental providers in Lancaster County. Our staff is committed to quality individualized care in a relaxed and comfortable atmosphere. Our goal is to educate you in oral health and motivate you to commit to a life-long dazzling smile.

Read on to learn a bit more about our great team: *Amanda* is a hygienist and has served our patients for 7 years. She is married and loves spending time with her 1 and 4 year old daughters. When she has the time *Amanda* loves to exercise and visit Cape May. *Wendi* is a hygienist and loves boating, fishing and being at the

beach with her husband and grown children. *Wendi's* whole family share in the work of a third generation Christmas Tree farm in York County. *Michelle* assists Dr. J. chair side. She and her husband have two children ages 19 and 14. When she is not working she enjoys gardening and remodeling. You will see *Dee* at the front desk and chair side assisting. She has worked in the medical field many years. *Dee* is married and enjoys cooking, baking and scrapbooking. *Cindy* extends the warm welcome when you arrive and the fond farewell to each of you when you leave. She came to our team after working in social work, business offices and an ele-

mentary school. She and her husband have a college age daughter and a son in high school. We are happy *Denise* joined our team this year as a hygienist. She and her husband are new parents to *Carter* who is 6 months old.

We look forward to seeing you next time you are in!



## The Facts about Whitening

Our office uses the most advanced whitening system on the market today. The "Deep Bleaching" method is a combination of 2 one hour in office procedures and daily wear of custom made bleaching trays at home for 1-2 hours per night

for two weeks. We find that this technique gives the best possible outcome for a dazzling smile. Come on in for a free consultation and look at our "before and after" pictures. You will be convinced that this is the safest, best way to get that beautiful smile.



*We invite you to participate in our Referral Program and receive a \$25 gift card at Weis, ask either Cindy or Dee at the front desk for more information.....*

The greatest compliment you can give us is to refer your family and friends to our office for dental care. We truly appreciate your support and confidence. We would like to welcome the following new patients to our practice: Rhonda N., Robert T., Julie M., Alicia J., Ashley M., William &

Drew L., Doug & Joyce B., Tom C., Melinda S., Max G., Cindy M., Melissa O., Sarah T., Devon B., Savannah S., Steven B., Mike C., Brittany S., Addison R., Cliff N., Beth P., Mark & Ruth C., Ricardo C., Craig N., Sheryl G., Bella S., Alex, Marsha & Ryan S.,

Logan H., Tyler P., Kara S., Amy, Benjamin & Matthew W., MalvernaE., Bethany & Colin M., Tom S., Evelyn B., Tracey B., Erin M., Sheri E. Charles V., Ken R., Charles G., Sebastian Y., Hailey H., Elizabeth H., Tracy & John L., Jared H., & Carolyn B.  
 --WELCOME TO OUR OFFICE

# Give the Gift of a Dazzling Smile

It is that time of year for us to reflect on the past and evaluate our goals for the new year . Part of that exercise involves the act of giving to those we love.....this year consider giving the gift of a brighter, whiter and straighter smile..It is a gift that will last a lifetime!



**\*\*Holiday Special\*\***  
**Discount \$150 off a Deep Bleaching/Whitening (Regular price \$500)—now only \$350!**  
**Free Deep Bleaching/Whitening when you choose our Invisalign program.....Invisible teeth straightening with fast results.**

**Did you know.....**It turns out money can buy happiness. But, there's a catch...You have to spend it on others. "We're significantly happier when spending pro-socially, on gifts or charity," says University of British Columbia's Elizabeth Durn, PhD. who led a survey of 632 Americans. The difference was seen at all income levels and even volunteers were given \$5 and a random assignment to spend it on themselves or others. Guess who they chose to spend it on.....

## Wendi's Football Game Pizza Burgers

- 1.5 lbs ground hamburger or turkey burger
- 1/2 lb yellow Am. Cheese
- 1/2 lb cooked ham (deli)
- 1 can pizza sauce
- 1/4 t. red pepper
- 1 tsp. mustard

Fry the burger, grind up cheese and ham

Add to cooled burger mixture—also add can of pizza sauce and all other ingredients.

Spread on half hamburger roll and broil to warm through and melt cheese.....AND ENJOY!



Our office is open Monday-Thursday and Dr. Johnson is available for emergencies and questions 24 hours a day and 7 days a week. If we are not open, call our message machine for the name and number of Dr. J or the dentist on call. We

are always available to meet your dental needs.



According to a "Time Magazine Survey", 59% of Americans would rather sit in a Dentist's chair than sit next to someone on a cell phone.....

Please talk to Dr. J or a member of his team in advance of your appointment if you are overly anxious, we can share with you a technique that calms and relaxes.



## Sweet Success

How special it is when families can invest in a ministry and make a difference together. While Dr. Kerry Johnson volunteers with dental patients at the Water Street Medical/ Dental Clinic, his children have been busy raising money for the Clinic! This past summer, they organized a lemonade stand and raised \$41.35 for the Clinic!

When we partner together, we can make a real impact. Thank you, Johnson family!

We wish you a Thanksgiving filled with gratitude and love.

Merry Christmas, enjoy this time of year warmed by family and friends. And Happy New Year!

According to “Consumer’s Report”, Dentist’s are among the 5 most trusted professionals in the United States. Thank you for bringing yourselves, families and friends to our office!

**GRATITUDE.....the quality or feeling of being thankful. A sentiment often expressed during the Thanksgiving and Christmas holidays in the form of blessings, hugs, fruitcakes and gifts.**

The benefits of giving thanks: (reporting by Nykia Spradley and Lesley Alderman of Real Simple)

1. **It helps you feel in control.**
2. **It improves your health.** People who keep gratitude journals tend to exercise 33% more each week and sleep 1/2 hour more each night says Robert Emmons, Ph.D., a professor of psychology at Univ. of California. These people report more energy and vitality.
3. **It helps you cope better with trauma.** If you are focused on what’s good in your life at present, you’re better able to neutralize negative emotions from the past.
4. **It bolsters self-worth and self-esteem.**